

Waltham Forest Varied Abilities Forum – Thursday 9 May 2024

Agenda

10am-10:30am

Registration

Please register your name and details at the registration desk located at the front of the room.

10:30am-10:40am

Welcome, introduction and housekeeping

Carlynn Preville, Manager of Independent Living Service from London Borough of Waltham Forest

10:40am-11:30am

Keynote speakers

Penny Gosai and Ahmed Ali are both Advocates in [Pohwer](#).

Pohwer delivers information, advice and advocacy services. They aim to support people who face difficult issues and want to make their voice heard.

Jaz Panesar and Juned Junaid from the Department for Work and Pensions

An overview of all Department for Work and Pensions (DWP) services and how you can use them.

11:30am-11:45am

Break

Refreshments available

11:45am-12:45pm

Workshops

We are hosting three different workshops for an hour. When booking you will be asked to select your preferred first option followed by a second choice. We will try to accommodate all requests.

1. Aromatherapy by Rachel Statter, Corporate Social Responsibility Manager, from Aston Group

This specially designed course on aromatherapy provides in-depth information on the unique properties of every essential oil and how they should be used. The course will also give you the opportunity to blend your own essential oil blends and lotions.

2. Cost of Living advice by Jaz Panesar and Juned Junaid from the Department for Work and Pensions

Representatives from local jobcentre will be attending the conference to provide an overview of the DWP services. The session will be informal and fun where you will be able to learn, listen and discuss the highlights on specific topics such as:

- Maximising work age benefits
- Tax free childcare
- Disability employment advisor services
- Work Allowance
- Flexible Support Fund and many more...

There will be time for questions and answers, but we cannot discuss individual circumstances at this event due to the confidentiality.

3. Housing service workshop by Carlyne Preville, Manager of Independent Living Service from London Borough of Waltham Forest

This workshop will give you the opportunity to receive information and discuss Safeguarding and Mental Health Capacity in a safe space.

12:45pm-1:30pm

Q&A and close

1:30pm

Light lunch is served

We will provide a small lunch bag, feel free to stay at the venue to enjoy.

Stall holders

Stalls will be available during registration and break times for you to go have a look.

Soup making by Arjun Ghosh from Morgan Sindall Property Services

Join Morgan Sindall Property Services as we embark on a delightful culinary journey! We're thrilled to offer 40 lucky residents an exclusive recipe for a tasty soup, along with a complimentary hand blender and all the necessary ingredients. Get ready to stir up some delicious creations right in the comfort of your own home. Don't miss this opportunity to elevate your culinary skills and savour the flavours of homemade goodness at a lower price!

Fozia Shaikh, Crime Community Engagement Officer, Community Safety and Resilience Division at Waltham Forest Council

This stall will provide residents with information and give them the opportunity to ask questions about community safety across the borough. This will include raising awareness about hate crime.

Sarah Wilson, Strategic Housing Project Manager at Waltham Forest Council

Currently working on the Vulnerable Residents' Policy and would like to interact with residents who would like to get involved in shaping this.