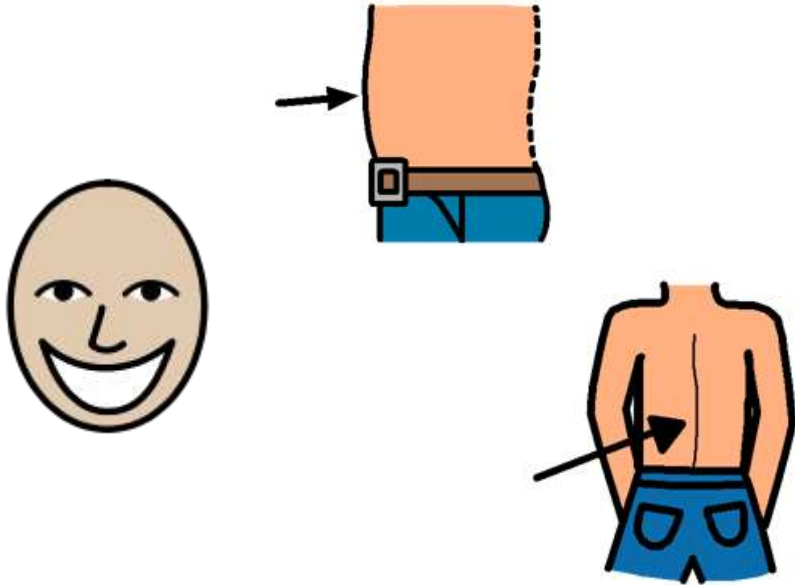


This is a story about going to Whipps Cross Hospital to have an MRI.

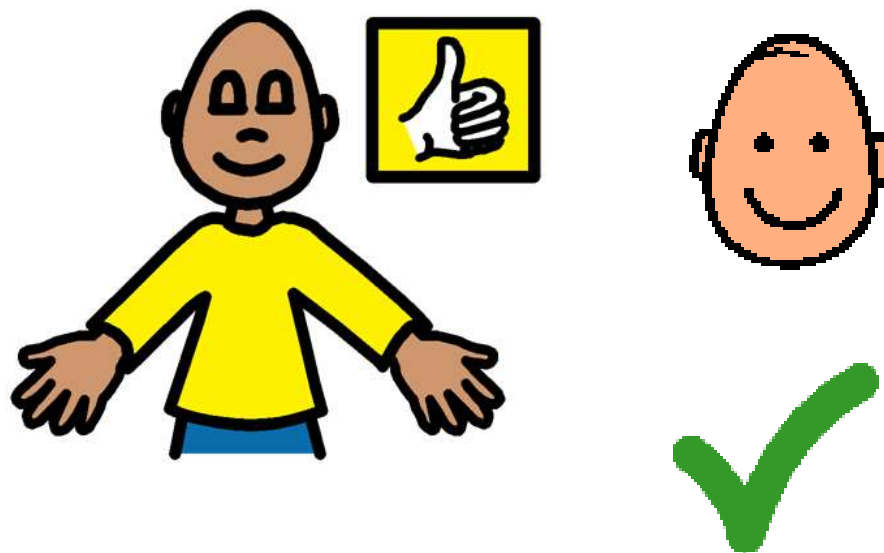
'MRI' stands for magnetic resonance imaging



I need an MRI so the doctors can check by body is working well. They might want to look at my head back or stomach, but it won't hurt.



The MRI will help Doctors understand
how to help me be fit and healthy



The MRI will not hurt me. This story is to help me understand what will happen.



This is a story about an MRI at Whipps Cross Hospital



The MRI is a big magnet that helps the doctors look at your body. It looks like a tunnel, like this:



Vanesa and Asta her Mum went to Whipps Cross to try out the MRI, to show everyone what it is like. This the story of their visit

Vanesa and Asta were helped by Charlotte a play therapist, and Nurses Heather and Carole who helped her in the MRI room

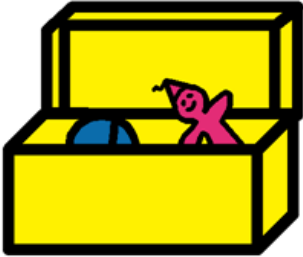
Because the MRI is a big magnet, Vanesa had to take off any metal things. Vanesa took off her watch and jewellery, and put it in a locker



You will wait in the waiting room for your appointment. This is Vanesa waiting for her appointment



The waiting room has to be kept really clean and toys can get dirty, so here are no magazines or toys in the waiting room. You need to bring something to do.



clean

When it was time for her appointment, Vanesa put on a hospital gown. Today she wore two! One at the front and one at the back!



Vanesa has to go into the MRI room. It's quiet and a bit dark, but she is not afraid as it won't hurt her



Vanesa has to lie on a bed. She takes off her shoes. Nurses Carole and Heather help her



Vanessa has to lie on a bed and she takes off her shoes. Nurse Heather makes her comfortable with a cushion under her head and knees.



Nurse Carole presses a button on the bed, so the bed goes up higher



Vanesa is going to have an MRI of her stomach, Nurse Carole puts a flat mat on her stomach. It looks like a pillow.



Nurse Carole is showing us the buzzer. You can hold the buzzer. You press the button on the buzzer if you want to stop your MRI



The MRI is noisy. Nurse Carole is giving Vanesa some earphones to wear. Vanesa can listen to music if she wants to



Now Vanesa is ready for her MRI. The MRI bed goes into this long tunnel so the pictures can be taken. This is the MRI scan.



The MRI takes 30-45 mins, so Vanesa can have a little sleep!



Sometimes you need to have an MRI of your head. You need to turn around to have an MRI of your head. Now Vanesa will try the MRI of her head



When you have an MRI of your head you need a special head camera. Nurse Carole is showing us the special head camera - this goes over your face, You can still breathe easily.



Because the MRI is noisy you can wear earplugs to make it quiet. Vanesa's Mum, Asta, is showing us the ear plugs. You do not have to wear these if you don't want to.



The MRI is finished now, so Vanesa takes off the gowns



Vanessa's Mum, Asta, has to put the gown in a special bin. This is so that it can be washed

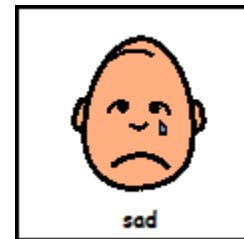
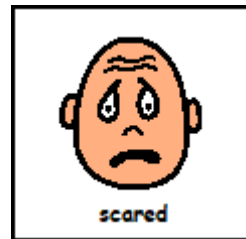
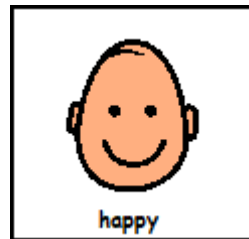
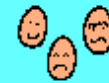


Vanessa tells Charlotte, the play therapist, all about her MRI



You might feel a bit scared about MRI appointments. It is okay to feel this way. We all get scared sometimes.

I am feeling



My parents or carers will be there to make sure that you are safe and well looked after.



It will be okay to have an MRI at Whipps Cross Hospital

